

Leaders Eat Last Final Worksheet

A key element is to build a culture of trust

"When trust and cooperation thrive internally, we pull together and the organization grows stronger as a result"

List three specific ways you are building trust on your publication.

Show Empathy as a Leader

To lead effectively, it is essential that you be able to care for your followers and want them to be always well. You have to have a sense of responsibility towards them. Our sense of responsibility comes from empathy, from our ability to put ourselves in someone else's shoes.

Without empathy, we distance ourselves from our leaders and can make decisions that harm them, especially if we become our most abstract relationship.

Name three people on your staff who empathized with a specific situation. Explain how you related to them and how you showed you understood where they are coming from.

Make People Feel Safe

When people know that their leaders are concerned about protecting them, they can work [harder and more focused](#), without worrying about external threats.

A true leader is capable of creating a Circle of Safety in which everyone feels safe. As long as members feel safe within the group, and don't sense threats within it, they'll invest all their time and energy to help their leader accomplish his desired goal. And they'll do this because they know their leader has their back.

How have you made people feel "safe" in your publication?

Make People Feel Happy

It goes without saying that the leader is essential within a company. And if that leader starts paying attention to his employees and treats them as people, not as mere subordinates, they'll start to trust each other.

Explain three specific ways you have made people on your staff feel happy.

Make People Feel Important

A true leader shows his care towards his team by acknowledging their importance. As the officers eat last, so must all leaders.

Demonstrate, in detail, how you made a person on your staff feel important. (Whether related to the publication or a personal situation.)

5 Things That Make A Successful Organization

1) So goes the culture, so goes the company. The success of a company depends on the culture.

What is one way we as a group have built a positive culture?

What is one way YOU could do better to build a positive culture in and out of the classroom.

2) So goes the leader, so goes the culture. The leader is the one that influences the company's culture, be it in a positive or negative way.

What do you do to be positive in the classroom?

What is something you could do to be more positive?

3) Integrity matters. [As long as leaders](#) adhere to a set of values for the company, its members will do the same.

List some key values you expect from your staff.

4) Friends matter. They are an important part of our lives.

When were you friendly to someone outside your circle of friends?

What could you do better to be friendly and inclusive with people outside of your friends?

5) Lead the people, not the publications. Leaders should care about leading their people, not the publication that these people may represent.

List three ways you feel good about your leadership skills

List three areas of improvement to be a better leader.

Grade Yourself (10-1) 10 perfection, 1 not existent

___ During class, I have made an effort to talk to everyone in the room.

___ During class, I have sat next to everyone weekly and asked how they were doing OUTSIDE of working on the publication.

___ During class, I have sat next to everyone weekly and asked how you could help with their assignment.

___ I know something personal specific about everyone on my staff. (Favorites, other activities, etc.)

___ At foodies, or another social situation, I opened up my circle to create a "horseshoe" of acceptance and welcomed someone to the conversation.

___ You have noticed a loner and went to talk with them.

___ I have sent kudos emails to staff members.

___ I have talked with another editor on how make a staff member feel more included.

___ I have supported the journalism program outside of the classroom by talking positive about our publications and people.

___ I know I'm not perfect, but I also know where I need to improve.

___ You have communicated with Mallett about your feelings.

___ You have communicated with Mallett of things you need help with – ways to improve the publication.

___ You think, make lists, plan ways to make the publication better.

___ I have faked being happy when I'm having a bad day.

___ I have taken time for myself to relax.

___ I have set goals for myself for being a leader.

___ I have set goals to make my publication better.

___ I know weak areas in the workflow of my publication, and I have a plan to improve.

___ I like my job as editor.

___ Journalism is a priority daily for me.

200-150= A

149-100=B

99-50=C

49-0=Failing

Overall Grade _____